

“Property Name” Emergency Card

Dial 000 or 112

Emergency Address: _____

Phone: _____

Neighbours: _____

UHF Channel: _____

GPS Location at _____

Homestead: _____

GPS Location at _____

Airstrip: _____

Directions from nearest town: _____

Gate Description: _____

“Property Name” Emergency Card

Dial 000 or 112

Emergency Services: **000**

State Emergency Services: **132 500**

Poisons Information Centre: **13 11 26**

Lifeline: **13 11 14**

Animal Disease Hotline: **1800 675 888**

Local Veterinarian: _____

Dial Before You Dig: **1100**

Ergon Energy: **13 16 70**

Danger – check for danger to yourself, others and the patient.

Response – check for response: ask name, squeeze shoulders.

Send for help – open the Emergency Plus App and call 000 or ask another person to make the call.

Airway – open mouth and check the airway for foreign material. Foreign material? Place in the recovery position and clear the airway.

No foreign material? Leave in position. Open the airway by tilting the head back with a chin lift.

Breathing - Check for breathing: look, listen, feel for 10 seconds. Not breathing normally? Start CPR.

Cpr – start CPR: 30 chest compressions / 2 breaths. Continue until patient starts breathing or someone else arrives to take over.

Defibrillator – attach defibrillator & follow prompts.